

June 2011 Urbana Senior Center Meal Menu

301-600-7020

UrbanaSeniorCenter@FrederickCountyMD.gov

www.FrederickCountyMD.gov/doa

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>The meal is served at Noon. Reservations must be made at least 48 hours in advance. \$4.80 per person per meal. Milk, juice, coffee, and tea, and bread are available each day. Menus are subject to change.</p>				
May 30 Closed Enjoy the holiday	May 31 House Salad Stuffed Shells California Vegetable Blend Sliced Peaches	1 Tossed Salad Pork BBQ Sandwich Au Gratin Potatoes Italian Blend Vegetables Diced Fresh Fruit	2 Split Pea Soup Lettuce Wedge Roast Brisket with Gravy Mashed Potatoes Hot Cinnamon Pears	3 Center is Closed
6 Tomato Cucumber Salad BBQ Chicken on Roll Five Cheese Macaroni Roasted Zucchini Mandarin Oranges	7 Turkey Chili Cornbread Peas Carrots Applesauce	8 Cabbage & Bean Soup Corn & Barley Salad Beef Brisket with Gravy Mashed Potatoes Winter Vegetables Diced Fresh Fruit	9 Spinach Salad Hawaiian Glazed Ham Roasted Sweet Potatoes Green Beans Applesauce	10 Center is Closed
13 Mixed Salad Greens Beef Stew Roasted Squash Peaches with Cranberries	14 Country Fried Steak Mashed Potatoes Sage Stuffing Southern Green Beans Mandarin Oranges	15 Brunch: Omelet Bar Omelets made to order Other Brunch Items	16 Chicken Pasta Casserole Peas Stewed Tomatoes Peaches	17 Center is Closed
20 Cucumber Salad BBQ Pork on Roll Baked Beans Braised Cabbage Peach Slices	21 Spaghetti with Meat Sauce Garlic Bread Steamed Asparagus Beets Fruit Cocktail	22 Vegetable Tomato Soup Mushroom Quiche Carrots Pineapple Chunks	23 Pickled Beet Salad Lemon Dill Cod Cakes Red Beans and Rice Mixed Vegetables Diced Fresh Fruit	24 Center is Closed
27 Four Bean Soup Rosemary Chicken Linguini Steamed Kale Ambrosia	28 Caesar Salad Rigatoni with Mushroom Capri Blend Vegetables Pears	29 Center is closed Trip to Toby's Dinner Theatre	30 Lunch menu is Chef's Choice	